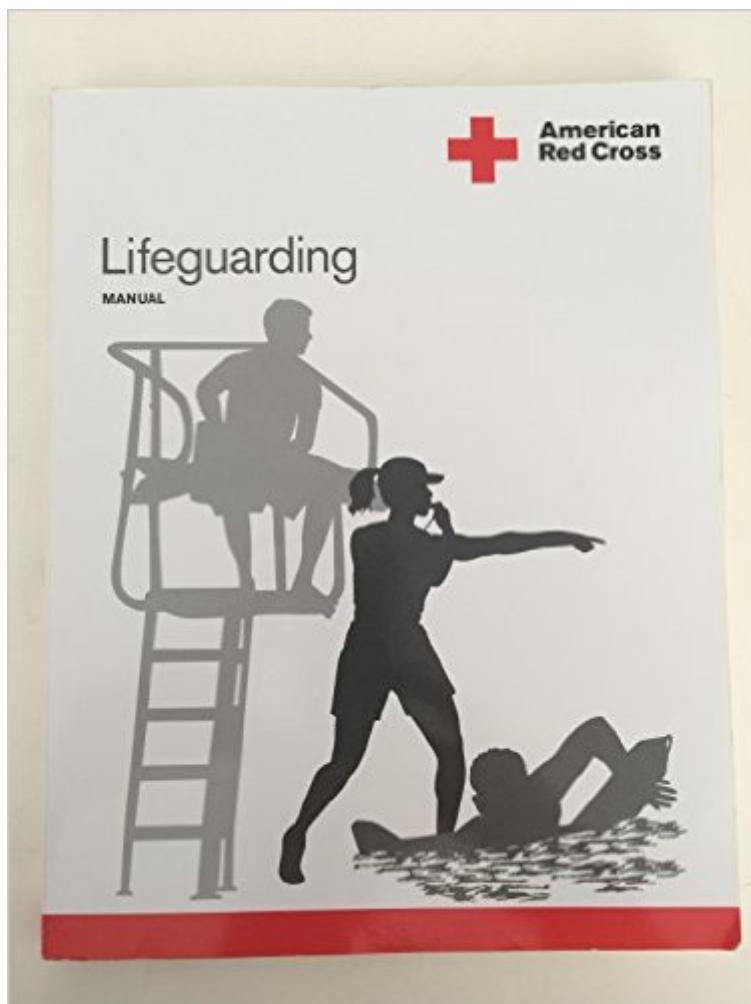


The book was found

# American Red Cross Lifeguarding Manual



## **Synopsis**

Designed to simplify learning, the participants manual reinforces key points from the Lifeguarding course. Reflects the latest ECC science and findings from the 2011 U.S. Lifeguard Standards Coalition Report .

## **Book Information**

Paperback: 290 pages

Publisher: Krames-Staywell; 1 edition (January 1, 2012)

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ISBN-10: 1584804874

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Product Dimensions: 8.3 x 0.5 x 10.7 inches

Shipping Weight: 1.3 pounds

Average Customer Review: 4.5 out of 5 starsÂ  [See all reviewsÂ](#) (17 customer reviews)

Best Sellers Rank: #81,194 in Books (See Top 100 in Books) #129 inÂ  Books > Textbooks >

Medicine & Health Sciences > Medicine > General #194 inÂ  Books > Sports & Outdoors >

Coaching > Training & Conditioning #6397 inÂ  Books > Medical Books

## **Customer Reviews**

After using this manual, throughout the summer, for the life guarding program my child completed I've found that it was worth buying this gently used manual....no need for a brand new one because of the environment it's used in.

Standard guide. Perfect quality. It helped me get my lifeguard license from Red Cross.I called and asked for a faster shipping since my classes were starting in 4 days. Not only it came in a couple of days, they didn't charge more for it.

Received in good condition. This will help my son who earned his Lifeguarding Certificate this summer. Something to keep on hand for a quick study

Awesome book. I purchased it to go along with my LGI manual as supplement. It arrived it great condition. Looks like it has all pages.

Very good book to help me set my goal to improve me swim skill and understand how to become a

lifeguard.

I bought the book and I found it to be quite simple but child like. I have to say that the red cross is good for some things but not life guarding, I'm sorry. I have used several other books from american lifeguard and also lifeguard-pro and they seemed to be much more information in my opinion.

I only gave it 4 stars because it had a large water stain on it. Otherwise, was just right .

I'm a headguard this year so this is helpful to have during/preparing for in service.

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